

LENZERHEIDE MEDIA DOCUMENTATION – SUMMER 2020



LENZERHEIDE NEWS – SUMMER 2020



Lenzerheide becomes “Bike Kingdom Lenzerheide”

Lenzerheide is already one of the best mountain bike travel destinations in Europe. The holiday region would like to further develop its leading status in the summer season 2020 through the reworking of all mountain bike communication. With the creation of “Bike Kingdom Lenzerheide”, the subject of mountain biking in Lenzerheide achieves the stature and importance it has been working towards in recent years. “Bike Kingdom Lenzerheide” will create a platform which will position Lenzerheide as the central mountain biking destination in the Alpine region for decades to come.

bikekingdom.ch



New Summer Mountain Experience: “Märli” Fairytale Brunch

The “Märli” Fairytale Brunch at the Piz Scalottas mountain restaurant combines marvellous tales with a substantial breakfast. While the parents start their day with a brunch, storytellers delight the children with fairy tales – of course after they have enjoyed their hearty breakfast. The popular children’s hero Globi is there to say goodbye to the young guests at the end.

arosalenzerheide.swiss/en/Summer/Family-experiences



New Event: Grinduro – 26 June 2020

The unique format of Grinduro combines the best elements of a gravel bike and a road bike. The event includes art and music, excellent food and camping. The event will take place in a beautiful landscape, tricky trails and winding gravel roads. In 2020, Grinduro will come to Switzerland.

grinduro.com/switzerland

cancelled due to COVID-19 pandemic

LENZERHEIDE EVENTS – SUMMER 2020



Lenzerheide Motor Classics – 5 to 7 June 2020

For the 9th time already, the event season in Arosa Lenzerheide will be rung in with the roar of engines and squealing tyres. Around 180 historic racing and sports cars, as well as racing motorcycles, will take part in the circular course between Lenzerheide and the Rothorn valley station. The Lenzerheide Motor Classics are not just about speed races; they are more an opportunity for these historic vehicles to grab your attention with their performance.

lenzerheide-motorclassics.ch

cancelled due to COVID-19 pandemic



Alpen Challenge Lenzerheide – 14 June 2020

“Europe’s most beautiful cycle marathon” goes into the next round. With the ascent of the Julier passes, four of the most spectacular Alpine passes have been transformed into cycling challenges. Other highlights include the drive along the Upper Engadine lakes, the descent of the Viamala gorge and the Symphony of Splügen and the Viamala gorge. The Alpen Challenge is part of the Swiss Cycling Tour, one of the best and longest cycle marathons in Switzerland.

arosalenzerheide.swiss/alpenchallenge

cancelled due to COVID-19 pandemic



Bike Kingdom Opening – 19 to 21 June 2020

A kingdom is not created in a day. Bike Kingdom will be held in Arosa Lenzerheide, featuring a screening of “The Legend of Tommy G”, family day and various sporting highlights. The Bike Kingdom app puts you through your paces with an unofficial world record attempt. The event is a chance to win the historic title “King and Queen of Bike Kingdom” in the Dirt Royale.

bikekingdom.ch

cancelled due to COVID-19 pandemic



Grinduro – 26 June 2020

The unique format of Grinduro combines the best elements of enduro mountain biking with a gravel road race. The event includes art and music, excellent food and camping as well as the unique alpine landscape. In 2020, Grinduro will come to Switzerland for the first time. grinduro.com/switzerland

grinduro.com/switzerland

cancelled due to COVID-19 pandemic



Klapperlapapp Fairytale Festival – 25/26 July 2020

In the heart of nature with a scenic mountain backdrop, the best storytellers of Switzerland will captivate you with their tales. The four creatively designed stages are located around the Globi hiking trail in Lenzerheide. The chairlift ride up to the start forms the prelude to this special adventure. An experience for the whole family.

arosalenzerheide.swiss/klapperlapapp



UCI Mountain Bike World Cup + UCI Trials World Cup – 14 to 16 August 2020

For years, the Bike World Cup in Lenzerheide has been famous for raising the spirits of the sport of mountain biking. This year, the Trials World Cup will take place instead of the downhill race. Over a total of five different courses, the athletes will balance and hop their way to victory. The metre-high and sometimes narrow obstacles ensure no end of thrills and excitement. Entertaining side events round off this unique Bike Festival.

mtbworldcup.ch



FHGR Trail Run Lenzerheide – 21/22 August 2020

With the start and end at the Biathlon Arena Lenzerheide in Lantsch/Lenz, the fantastic trails include the attractive Albula valley and the area around the Lenzerhorn. Five different routes (including prologue and kids race) enable participants of any age and from every level to choose the sporting challenge to suit them.

arosalenzerheide.swiss/fhgr-trailrun



testRIDE – 11 to 13 September 2020

Once each year, the Lenzerheide holiday region transforms itself into the largest bike test area in Switzerland. With the testRIDE, bikes and components for the coming season can be tested in the terrain for the first time. As well as mountain bikes, there are also E-bikes, road bikes, trekking bikes and components from around 45 exhibitors and over 100 brands. Five different test routes are marked for optimum test drives.

arosalenzerheide.swiss/testride



NEW! Bike Kingdom Feast – 18 to 20 September 2020

With a heavy heart, the originally planned Bike Kingdom Opening in mid-June 2020 had to be postponed due to the COVID 19 pandemic. The Bike Kingdom Feast - as it is now called - will take place anyway! With party, food stands, screening of "The Legend of Tommy G", family day and various sporting highlights, the new "Bike Kingdom Lenzerheide" is really celebrated. While the new Bike Kingdom App is being put through its paces in an unofficial world record attempt, the knights to bike are fighting for the historic title of "King and Queen of Bike Kingdom" at the Dirt Royale.

bikekingdom.ch



Lenzerheide in summer

Whether you are a biker, hiker, culture lover or family - the Lenzerheide holiday region invites active people and pleasure seekers to find carefree holidays and perfect relaxation. The sun-drenched high valley surprises with a wide range of activities.

In summer, families, friends or couples discover panoramic mountain peaks, fragrant Alpine meadows and the crystal-clear Heidsee lake. The Lenzerheide holiday region offers a variety of walking and hiking trails. Cosy and rustic huts, many barbecue areas or the numerous restaurants in the village invite you to linger.

In summer 2020 the Lenzerheide holiday region will also become the "Bike Kingdom Lenzerheide", a true kingdom for bikers. The epic landscapes of the Bike Region around Lenzerheide as far as Arosa and Chur, with their sharp rocks, wild valleys, rapid rivers and wide, beautiful nature, lay the foundation for the name "Bike Kingdom Lenzerheide".

During the summer, the mountain railways in Arosa and Lenzerheide offer exciting rides to the Weisshorn summit, the Arosler Hörnli, Parpaner Rothorn, Piz Scalottas, Heidbüel or Pradaschier. On the programme are sunrise rides with culinary highlights, traditional alpine services, children's parties and exciting downhill runs in the Lenzerheide Bike Park.

Whatever the experience, the panorama of the surrounding mountain world with the sparkling mountain lakes in the centre will fascinate you.

The family offers in the Lenzerheide holiday region are numerous and varied: the only Globi hiking trail in Switzerland, the Globi House or the Lido on Lake Heidsee with barbecue areas, playground and pirate ship are just some of the attractions that make a visit to the Lenzerheide holiday region an unforgettable family experience.



Bike Kingdom Lenzerheide

From 2020 the Lenzerheide holiday region will be presenting the Bike Kingdom. Bike Kingdom is not just an announcement, but a promise. New trails, new events, new offers plus a mountain bike app that makes the mountain a digital experience - Bike Kingdom Lenzerheide is all this and much more.

«The next level Mountainbike Destination»

Bike Kingdom covers not only the Bike Region Lenzerheide, but the entire area in the triangle Chur-Lenzerheide-Arosa. In contrast to foreign competitors, all hiking trails are permitted, so that bikers have more than 1'000 kilometres at their disposal. Bike Kingdom is divided into six regions:

Bear Mountains: The most powerful inhabitants of Bike Kingdom live in the Bear Mountains. The three bears of the Arosa bear sanctuary are the namesakes for this region. The Bear Mountains cover the entire area from Schafälpli to Arosa and Ochsenalp.

Red Peak: Rough, steep and red: these are the characteristics of the east side of Lenzerheide. The Red Peak is probably the most frequented region in the Bike Kingdom. Thanks to the cross-country track and the STRAIGHTline in the bike park, this region includes two world championship tracks.

New from 2020: Trail from Urdenfürggli to Motta Hut and from Motta Hut to Bike Attack Traverse

Southern Delights: Less known, but no less impressive are the Southern Delights. The beautiful larch and spruce forest at the foot of the Lenzerhorn to the Albula Valley is known for its fluid forest trails. Many of them are already snow-free in spring.

Steep Trees: The name says it all: from Parpan to Chur and Tschierschen the brakes glow. Around Churwalden and Joch there are many hidden trails on which the brake units want to be well dosed.

The Capital: Chur, the capital of the Grisons, is the entry area to the Bike Kingdom. But with the Alpine Bike Park and the Mittenberg, The Capital is much more than just access. If there is still snow in the other regions, the first kilometres can already be collected in The Capital.

Western Summits: With its alpine meadow trails at higher altitudes and dark forests at lower altitudes, the west side of Lenzerheide has become a true trail paradise. The Western Summits include the western flank of Piz Scalottas as well as the eastern flank in Domleschg.

New from 2020: Trail from Scalottas to June Hut and from June Hut to Alp Fops



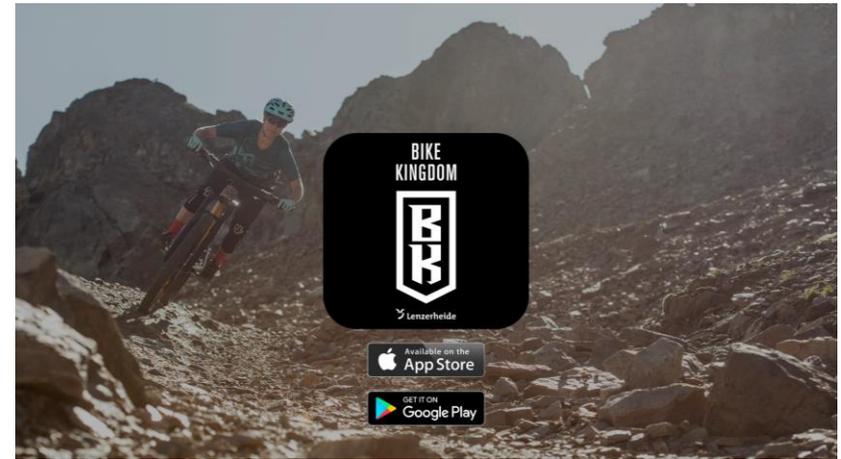
Bike knights with bikes and fullface on mission

It goes without saying that fighting in a kingdom like the Bike Kingdom is a natural thing. But the bikers in the Bike Kingdom do not do this alone but join to form clans. In concrete terms, the aim is to collect meters of altitude and depth together and thus to play off the opponents in various challenges. As different as the trails in the Bike Kingdom are, as different are the clan types. A distinction is made between the Flow, Drop and Shred clans.

Flow: Even the toughest parts of the Bike Kingdom are mastered with style. Even if the flow bikers can hardly hold the handlebars anymore, they make everything look effortless. Flow is not a way to ride, Flow is a lifestyle.

Drop: Where others carry the bike and swallow empty, they really wake up. The gnarled, nasty spots and highest jumps are their incentive. Whether uphill or downhill: drop bikers drop in every line.

Shred: Adrenaline, speed and uncompromising style describe the riding style of the Shred bikers - always at the limit, always getting the maximum out of it. Without sore muscles the day was not worthwhile for a shred biker.



The Bike Kingdom App - the digital playground where everything comes together

The Bike Kingdom app transforms the mountain into a virtual game that shapes the biking experience and creates a fascinating symbiosis between the real and digital worlds of action sports. Information about trails, shops, hotels and guides are a matter of course. By linking to the App Strava, the ridden trails can be evaluated according to a fixed-point system. The bikers receive badges according to their riding behaviour and are rewarded with various actions. Both the own performance as well as the performance of the linked contacts can be called up.

This is also where the three clans come on: the flow, drop and shred bikers fight a virtual battle against each other within the Bike Kingdom App. Bikers who are part of one of these clans contribute individually to the success of the clan. The leading clan and its members benefit from exclusive advantages on the mountain and in the valley.

Subscribe now to the social media channels of Bike Kingdom:

 facebook.com/bike.kingdom

 instagram.com/bike.kingdom



Biketicket 2 RIDE

The [Biketicket 2 RIDE](#) promises a very special bike experience. Thanks to the different levels of difficulty and distances (blue, red or black), these three tours guarantee unforgettable riding pleasure between Lenzerheide, Chur and Arosa. Because the three Enduro round tours include mountain railway transport wherever possible. And whether Lenzerheide, Arosa or Chur: the Biketicket 2 RIDE is valid on all the required mountain railways. Since summer 2019, an E-Biketicket 2 RIDE (red) is also available.

Weisshorn & Rothorn Sunrise

On selected Sundays, early birds can take the mountain railway to the Arosa Weisshorn or Parpaner Rothorn before dawn. At the summit, the early wake up is rewarded with a spectacular sunrise. Before starting the first descent, the rich breakfast buffet in the panoramic restaurant will tempt you. The perfect start to an eventful bike day in Arosa Lenzerheide.

arosalenzерheide.swiss/mountain-experiences

Bike hotels

In the entire Arosa Lenzerheide region there are numerous [bike hotels](#) that are specially designed to meet the needs of bikers. These include biker-friendly infrastructures such as workshops or washing facilities, as well as in-depth knowledge of the Arosa Lenzerheide Bike Region. The mountain railway ticket for Arosa Lenzerheide is included in all Bike Hotels from the first night.

Trail tolerance – all ridable

The 17'000 km long network of trails in Graubünden is a playground for various activities. We are in the lucky position that for mountain bikers, unless an explicit and justified ban is signalled, all trails are ridable. Due to the increasing frequency of all user groups, understanding and tolerance for each other is required on the trails. In Graubünden we believe that only a considerate cooperation can be the future on the trails.



Kids Bike League

The Kids Bike League takes care of all Nino Schurters of tomorrow. The guides from the Lenzerheide Bike School teach the kids from 3 to 12 years of age the fun of mountain biking during the main summer and autumn holidays from Monday to Thursday afternoon. The Kids Bike League takes place in different strength classes (Mungga, Gämsli and Staiböck).

Staiböck PRO Träils / Bikepark (NEW)

For all young bikers who have already completed the "Staiböck" level of the Kids Bike League, the Bikeschule Lenzerheide offers two additional levels. All advanced bikers between 10 and 14 years of age who have no experience in the Kids Bike League are also welcome. These courses are offered parallel to the Kids Bike League during the summer and autumn holiday periods from Monday to Friday afternoons.



Pumptrack Lenzerheide

Since August last year the Pumptrack is accessible to a wide variety of sports equipment thanks to its asphalt surface and offers a varied bike option for all abilities and ages. Children can let off steam on the wave-shaped track and, thanks to clever rhythmic movements, ride around the entire circuit without having to kick or show off. Advanced riders will have a lot of fun and variety on the pump track. Thanks to the creative choice of lines, new variations open up with every round.

arosalenzerheide.swiss/biking



Hiking in Arosa Lenzerheide

The Arosa Lenzerheide winter sports region also offers numerous opportunities for an active day in the mountains in summer. Whether you are a pleasure hiker, long-distance runner or family tour: nature lovers will find the perfect hike for a perfect summer day on up to 300 km of marked hiking trails. Arosa Lenzerheide is not only home to airy mountain peaks, panoramic routes with spectacular views or remote side valleys. On several theme trails, exciting information about nature, the animal world or legends of the region are presented in a varied and entertaining way.

Many cosy barbecue sites, traditional huts or the numerous restaurants on the mountain and in the valley invite you to linger. In addition, the crystal-clear mountain lakes and ice-cold mountain brooks provide a refreshing cooling off.

arosalenzerheide.swiss/hiking



Jewels of the Night

In Lenzerheide, outdoor enthusiasts reach for the stars for a weekend. After the hike to Piz Scalottas, with hiking guide Andreas Niedermann, guests are treated to fine Grisons specialities from the Piz Scalottas mountain restaurant. After the setting sun has illuminated the mountain scenery with a fascinating play of colours, guests slip into their sleeping bags and count stars until they fall asleep. Early in the morning not only the sunrise is waiting, but also a tasty breakfast as the perfect refreshment for an eventful day in Lenzerheide.

The event takes place on selected dates.

arosalenzerheide.swiss/mountain-experiences



Families

The Lenzerheide holiday region has been a popular holiday destination for families for many years. The family offers are numerous and varied. [Mountain biking](#), [water sports](#) and the various activities around our children's hero [Globi](#) are just a small selection of highlights that make a visit to the Lenzerheide holiday region the perfect family experience.

arosalenzherheide.swiss/family-experiences

Globi hiking trail / Globi children's party

Just in time for the 20th anniversary in 2018, Switzerland's only [Globi hiking trail](#) was completely revised. There are 13 new posts ready to be discovered. Exciting adventures are guaranteed. The route has been adapted so that the distances between the posts are shorter and it remains exciting for the children.

This year, Globi is again inviting guests to its big children's party. Fun and games await the little party guests at the Scharmoim middle station. During the Globi children's party there will also be a photo shoot with Globi himself.

Marble run / LIKEaBIKE Park at Scharmoim

In June 2015 a new and exciting playground opened at the Scharmoim middle station. The giant marble run, which is made of wooden channels, guarantees excitement and lots of fun thanks to its varied channels and numerous entertaining elements.

Entirely in line with the 'Rollin' Scharmoim', the Scharmoim mountain restaurant also features a sun terrace. The LIKEaBIKE Park provides exciting entertainment for kids. Walking bikes and helmets are available free of charge.

Globi children's programme

During the summer holidays, the Globi children's programme offers children between 6 and 12 years of age an exciting and varied leisure activity. Together with professional leaders, the children experience exciting days in the Lenzerheide holiday region.



Autschli path

The [Autschli path](#) is perfect for a short excursion. On the way from the Scharmoin middle station back to the village of Lenzerheide, exciting discoveries about the forest await you. Autschli, the magic bear from Lenzerheide, is always with you. The theme trail around the forest is a mixture of learning, adventure and enjoyment. Various installations ensure exciting discoveries or even cosy moments. Autschli, the magic bear from Lenzerheide, is present along the entire trail.

Pradaschier Adventure Mountain

On the [Pradaschier Adventure Mountain](#) above Churwalden, the longest toboggan run in Switzerland and a rope park with three courses and a tyrolienne await you. A sporty and varied day with lots of fun on the popular leisure mountain in the Lenzerheide holiday region is guaranteed.



Foxtrail Lenzerheide

[Foxtrail](#), the most exciting scavenger hunt in Switzerland, is also available in the mountains! Two trails lead the pursuers on a tricky route search through beautiful panoramas. On the approximately 3 to 4 hour mountain trail from Churwalden via Heidbüel, the teams have to manipulate the weather and plunder the alpine dairyman's supply of cheese to get the necessary clues. The shorter Heidseetrail (approx. 2 h) provides a lot of fun and adventure with underwater messages and controllable waterfalls.

Fairy Tale Brunch

At the [Fairy Tale Brunch](#) in the mountain restaurant Piz Scalottas, fabulous stories are combined with a rich breakfast. While the parents start the day with a brunch, storytellers delight the children with fairy tales, of course only after they have had an extensive breakfast. The guests are bid farewell to Globi at the end.



Heidsee lake

The [Heidsee lake](#) is nestled in the midst of the valley in an idyllic landscape at 1500 metres above sea level. Its environment is a dream for sporty types as well as those seeking recreation. In addition to the Lido with many attractions and the bay with a sandy beach, the conservation zones are available for duck and bird watching.

In summer the Heidsee warms up to about 20° C and invites you to swim and enjoy other water activities. The thermal winds (3 to 5 Bft) make any surfer and sailor's heart beat faster. For sure its also possible to just enjoy the scenery around Heidsee lake on one of the many non-motorised rental boats.



Wasser Sports Centre

The [Water Sports Centre](#) at Heidsee offers storage facilities for the wind surfing and sailing school as well as a kiosk and dressing rooms. The sheltered sun terrace and the beach volleyball court can be used free of charge. Windsurfing equipment, SUPs, sailing boats, pedal boats, hydro bikes, rowing boats and kayaks are available for rent.

Wakeboard lift Lenzerheide

Also in summer 2020 a mobile [wakeboard lift](#) including kickers and tables will be installed on the Heidsee. From 1 August to 13 September 2020, the Heidsee lake will be transformed into a veritable wakeboard Mecca for around six weeks. After the successful premiere in the summer of 2016, the wakeboard lift Lenzerheide association was granted permission for a further 5 years. The operation is thus secured until summer 2021.



Biathlon Arena Lenzerheide

The [Biathlon Arena Lenzerheide](#) in Lantsch/Lenz was opened in December 2013 and is the first and only internationally competitive facility in Switzerland. Biathlon is fascinating. Biathlon moves. And biathlon creates emotions like no other sport. The athletes have to master both cross-country skiing and shooting in equal measure. The tableau can change from round to round and the competition creates spectacles, dramas and dreams.

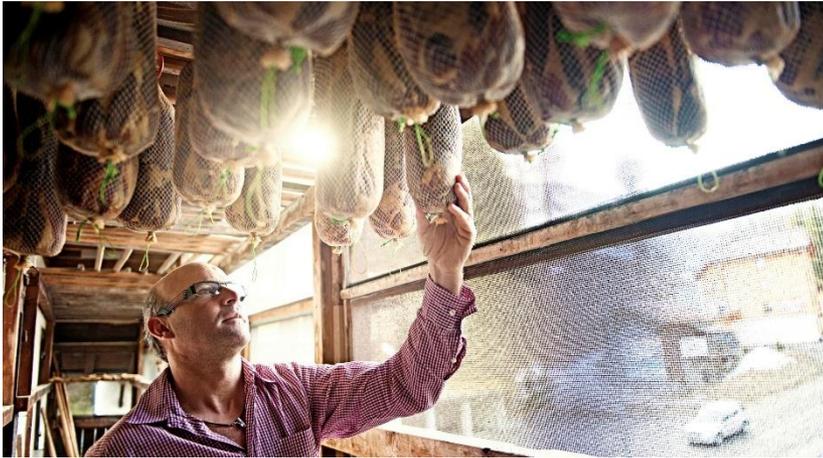
The Biathlon Arena Lenzerheide has developed into an important training and competition centre. However, not only top-class sport finds a home in the Biathlon Arena Lenzerheide, but also the general public. Various [taster sessions](#), company or team events and catering facilities are part of the diverse range of offers. The Biathlon Arena Lenzerheide has the perfect infrastructure for this: hostel, bistro, roof terrace, seminar rooms, athletics room, sports shop, ski and waxing room, public changing rooms and the cosy Hotel Garni Cualmet. Due to its uniqueness, the offer enjoys rapidly growing popularity and has already turned several thousand people into biathlon fans.



Golf club Lenzerheide and Alvaneu Bad

The [Golf club Lenzerheide](#), created in 1951, is located in the midst of a magnificent and quiet landscape, surrounded by breathtaking mountains and open spruce and Scots-pine woodland. The 18-hole course (par 69) offers enjoyable challenges with its numerous natural obstacles and few bunkers. A very special highlight is the natural drinking-water station located between Ladies' Tee 7 and Fairway 10.

The 18-hole course (par 72) in [Alvaneu Bad](#) is located in an idyllic valley basin at a gentle 950 metres above sea level, directly next to the Rhaetian Railway's Albula/Bernina line, which was made a UNESCO world heritage site in 2008. While you play golf in Alvenau Bad, you are treated to numerous views of the famous Landwasser Viaduct.



Bündnerfleisch (Grisons dried meat) – manufactured in a traditional way

Cured meat once formed part of a European miner's staple diet. It has gone on to become one of the most expensive meat products. The original Bündnerfleisch, produced from pure beef, is a particular source of pride for Grisons locals.

In the Lenzerheide holiday region, Bündnerfleisch is still produced using traditional methods. The [Fleischrocknerei Brügger](#) in Parpan and the Fleischrocknerei Bischofberger in Churwalden open their doors to visitors so they can watch high-quality Grisons specialities being made.

The traditional manufacture of Bündnerfleisch is a time-consuming process. During the 10 to 20-week drying period, each piece of meat is handled and processed approximately 60-70 times. The reduction of weight of the dried pieces of meat is approximately 50%.

Today, the name 'Bündnerfleisch' is trademarked and guarantees that the meat is refined in the canton of Grisons.



Parpan Alpine Cheese Dairy

The new [Alpine Cheese Dairy](#) in Parpan was opened in summer 2016. In the traditional 100-year-old barn on the 'Plantahof' you can now visit a new Alpine cheese dairy with a glass facade and a spacious auditorium. Visitors are given the opportunity to look over the farmer's shoulder to gain exciting insights into the world of Alpine cheese and to taste the final products. Approximately 230,000 litres of milk from the Alps Stätz, Kötzigerberg and Plantahof are merged annually in the Alpine cheese dairy in Parpan.



Belfort castle ruins

Some 500 years ago, [Belfort castle](#) was stormed and burnt down prior to the Battle of Calven (1499). The renovated ruins are both a testimony to the powerful resolve of the Three Leagues of the Grisons in the Swabian War and a monument to those who built it, the Barons of Vaz, once the most powerful dynasty in Upper Rhaetia. In the new herb garden, within the historic walls, thrive spices, medicinal and aromatic plants which were probably in use in the Middle Ages.

Museum local Vaz

The homely building of the [local museum](#) in Zorten houses collections relating to ethnology and church history, sport and tourism and sculptures by Ferdinand Parpan in the 'Sala Parpan'. It is home to a forge and a wheelwright's shop, originally from Muldain, and a mill from Zorten.



Cultural route 'Voia Culturala'

A new [cultural route](#) has been created between Vazerol and the ruins of Belfort Castle. Information boards along the 'Voia Culturala' provide fascinating facts about the culture and history of the region.

The first stop on the cultural route is the 'Bündner Rütli' near Vazerol. Rural councillors would have come here in the 15th and 16th centuries to discuss alternatives to the peasants' revolt. One of the most important historic treasures is located in the Pfarrkirche St. Calixtus, the second stop on the 'Voia Culturala'. This refers to the masterfully carved late Gothic winged altar.

The third stop on the cultural route is the Belfort Castle ruins. The fourth and final stop is the 'Paunt dalla Dieschma'. The trade route led this way until the road network was rebuilt in around 1830. The quarry stone arch is partly original, and the concrete stone path is still visible.

PREVIEW – LENZERHEIDE EVENTS WINTER 2020/21



Magic Forest Lenzerheide – December 2020

With the combination of fascinating light installations, the idyllic market village and heart-warming live concerts, the Magic Forest Lenzerheide creates a unique light festival every year. The innovative and partly interactive light installations each turn the squirrel forest into a colourful magical forest. Once again this year, top-class musicians will play on the Magic Forest stage in the middle of the idyllic market village. The line-up will be communicated in autumn.

zauberwald-lenzerheide.ch



Planoiras Folk Cross-Country Skiing Race – 17 January 2021

On Sunday, 17 January 2021, the starting signal for the traditional Planoiras Folk Cross-Country Skiing Race will be given in the Biathlon Arena Lenzerheide. For the 36th time already, around 400 cross-country skiers will be daring to run the 25 kilometres, or 12 kilometres (Planoirino), long distance through the Lenzerheide holiday region. The Planoiras cross-country skiing weekend will open as early as Saturday, 16 January 2021, with the Youth Run and Special Olympics Run.

arosalenzerheide.swiss/Planoiras-Folk-Cross-Country-Skiing-Race



Audi FIS Ski World Cup Finals Lenzerheide – 17 to 21 March 2021

For the sixth time already, the battle for the coveted crystal globes is decided on the demanding Silvano Beltrametti slope. The Audi FIS Ski World Cup Finals not only offers exciting skiing on the race track, but also off-piste entertainment in the village, VIP area and party tent.

arosalenzerheide.swiss/Audi-FIS-Ski-World-Cup-Lenzerheide

We look forward to helping you with your enquiries.

Lenzerheide holiday region

Carmen Hartmann

T +41 81 385 57 30

carmen.hartmann@lenzerheide.com

arosalenzerheide.swiss

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